

Cook Islands National Champs
📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#1 Girls' 800 Meters Youth Junior Finals

	Athlete	Team	Finals	Pts
1	#10000 Mia Gempton	COOK ISLANDS	3:12.75	10
	1:32.99 (1:32.99) 3:12.75 (1:39.77)			
2	#2437 Mano Mahitu	AITUTAKI	3:14.30	7

#2 Girls' 800 Meters Youth Intermediate Finals

	Athlete	Team	Finals	Pts
1	#2462 Ellody Harawira		2:55.02	10
	1:29.02 (1:29.02) 2:55.02 (1:26.00)			

#5 Boys' 800 Meters Youth Intermediate Finals

	Athlete	Team	Finals	Pts
1	#2442 Tairi Isamaela	AITUTAKI	2:46.75	10
	1:29.37 (1:29.37) 2:46.75 (1:17.39)			
2	#2477 George Tanu		2:48.60	7
	1:29.46 (1:29.46) 2:48.60 (1:19.14)			
3	#2433 Chaminda July	AITUTAKI	2:53.63	5
	1:29.55 (1:29.55) 2:53.63 (1:24.08)			
--	#2474 David Shepherd		DNS	

#16 Girls' 100 Meters Youth Junior Finals

	Athlete	Team	Finals	Wind	Pts
1	#2452 Delila-A-Shine Maaka	RAROTONGA	14.77	+2.5	10
2	#2461 Abigail Feao	UNATTACHED	15.27	+2.5	7

#17 Girls' 100 Meters Youth Intermediate Finals

	Athlete	Team	Finals	Wind	Pts
1	#2431 Metuamaru Arere	AITUTAKI	13.19	+1.2	10
2	#2468 Vaihere Mitchell		13.45	+1.2	7
3	#2430 Kivana Arere	AITUTAKI	14.27	+1.2	5

#18 Women's 100 Meters Youth Senior Finals

	Athlete	Team	Finals	Pts
--	#2466 Kaitlyn Karika	UNATTACHED	DNS	

#19 Boys' 100 Meters Youth Junior Finals

	Athlete	Team	Finals	Wind	Pts
1	#2483 Sam Ravuaceva		11.93	+2.5	10
2	#2435 Clyde Puia Mauri	AITUTAKI	12.29	+2.5	7
3	#2445 Turia Abraham	AITUTAKI	12.79	+2.5	5

#20 Boys' 100 Meters Youth Intermediate Finals

	Athlete	Team	Finals	Pts
--	#2486 Waisea Verenadau		DNS	

Cook Islands National Champs
📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#21 Men's 100 Meters Youth Senior **Finals**

	Athlete	Team	Finals	Pts
--	#2470 Apisai Tamanivalu		DNS	
--	#2484 Sisa Virianabai		DNS	

#10 Girls' 1500 Meters Youth Junior **Finals**

	Athlete	Team	Finals	Pts
1	#2437 Mano Mahitu	AITUTAKI	7:33.32	10
	1:25.47 (1:25.47) 3:28.05 (2:02.59) 5:39.31 (2:11.27) 7:33.32 (1:54.01)			

#14 Boys' 1500 Meters Youth Intermediate **Finals**

	Athlete	Team	Finals	Pts
1	#2442 Tairi Isamaela	AITUTAKI	5:46.23	10
	1:13.12 (1:13.12) 2:51.15 (1:38.04) 4:26.61 (1:35.46) 5:46.23 (1:19.62)			
2	#2477 George Tanu		5:46.30	7
	1:12.77 (1:12.77) 2:50.79 (1:38.02) 4:26.31 (1:35.53) 5:46.30 (1:20.00)			
3	#2433 Chaminda July	AITUTAKI	6:34.31	5
	1:17.30 (1:17.30) 3:03.06 (1:45.76) 4:48.42 (1:45.36) 6:34.31 (1:45.90)			

#22 Girls' 400 Meters Youth Junior **Finals**

	Athlete	Team	Finals	Pts
1	#2437 Mano Mahitu	AITUTAKI	1:15.04	10
2	#2461 Abigail Feao	UNATTACHED	1:20.20	7
3	#2452 Delila-A-Shine Maaka	RAROTONGA	1:20.22	5

#23 Girls' 400 Meters Youth Intermediate **Finals**

	Athlete	Team	Finals	Pts
1	#2462 Ellody Harawira		1:13.57	10

#26 Boys' 400 Meters Youth Intermediate **Finals**

	Athlete	Team	Finals	Pts
1	#2442 Tairi Isamaela	AITUTAKI	1:01.37	10
2	#2486 Waisea Verenadau	UNATTACHED	1:11.99	7
--	#2474 David Shepherd		DNS	

#27 Men's 400 Meters Youth Senior **Finals**

	Athlete	Team	Finals	Pts
--	#2484 Sisa Virianabai		DNS	

#28 Girls' 200 Meters Youth Junior **Finals**

	Athlete	Team	Finals	Wind	Pts
1	#2452 Delila-A-Shine Maaka	RAROTONGA	34.38	+1.5	10
2	#2461 Abigail Feao	UNATTACHED	34.75	+1.5	7

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#29 Girls' 200 Meters Youth Intermediate Finals

	Athlete	Team	Finals	Wind	Pts
1	#2431 Metuamaru Arere	AITUTAKI	27.88	+1.5	10
2	#2468 Vaihere Mitchell	UNATTACHED	27.96	+1.5	7
3	#2430 Kivana Arere	AITUTAKI	30.37	+1.5	5

#30 Women's 200 Meters Youth Senior Finals

	Athlete	Team	Finals	Pts
--	#2466 Kaitlyn Karika	UNATTACHED	DNS	

#31 Boys' 200 Meters Youth Junior Finals

	Athlete	Team	Finals	Wind	Pts
1	#2483 Sam Ravuaceva	UNATTACHED	25.19	+2.0	10
2	#2435 Clyde Puia Mauri	AITUTAKI	25.66	+2.0	7
3	#2445 Turia Abraham	AITUTAKI	26.32	+2.0	5
4	#10004 Trevon Kae	COOK ISLANDS	32.68	+2.0	3

#32 Boys' 200 Meters Youth Intermediate Finals

	Athlete	Team	Finals	Wind	Pts
1	#10005 Jnr Simpson	COOK ISLANDS	32.15	+2.0	10
--	#2486 Waisea Verenadau		DNS		
--	#2474 David Shepherd		DNS		

#36 Women's 4x100 Relay Youth Senior Finals

	Team	Relay	Finals	Pts
1	RAROTONGA	'A'	58.84	10
	1) #2452 Delila-A-Shine Maaka	2) #10006 Abigail Faeo	3) #10007 Ellody Harawira	4) #10008 Vaihere Mitchell
2	AITUTAKI	'A'	59.73	7
	1) #2429 Julian Moana Teinaki	2) #2431 Metuamaru Arere	4) #2437 Mano Mahitu	

#39 Men's 4x100 Relay Youth Senior Finals

	Team	Relay	Finals	Pts
1	RAROTONGA	'A'	50.02	10
	1) #10009 Teariki Williams	2) #10010 George Tanu	3) #10011 Apisai Tamanivalu	4) #10012 Sam Ravuaceva
2	AITUTAKI	'A'	50.63	7
	1) #2433 Chaminda July	2) #2435 Clyde Puia Mauri	3) #2442 Tairi Isamaela	4) #2445 Turia Abraham

Cook Islands National Champs
📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#57 Men's 100 Meters Open Prelims

	Athlete	Team	Prelims	Wind
1	#2478 Max Teuruaa		11.54 Q	+1.1
2	#2481 Piritau Nga		11.77 Q	+0.5
3	#2475 Edward Nga		12.03 Q	+1.1
4	#10017 Samuel Ravuaceva	RAROTONGA	12.17 Q	+0.5
5	#2485 Tamaiva Mateariki		12.19 q	+0.5
6	#2443 Thomas Makimare	AITUTAKI	12.62 q	+0.5
7	#2454 Nia Ngatuakana	RAROTONGA	13.59	+1.1
--	#2479 Michael Mingao	PINOY	DNS	
--	#10011 Apisai Tamanivalu	RAROTONGA	DNS	

#47 Men's 3000 Meters Open Finals

	Athlete	Team	Finals	Pts
--	#2482 Rupeni Mataitoga		DNS	

#52 Women's 100 Meters Open Finals

	Athlete	Team	Finals	Wind	Pts
1	#10008 Vaihere Mitchell	RAROTONGA	13.75	+0.5	10
2	#10020 Kaitlyn Karika	RAROTONGA	14.20	+0.5	7
3	#10022 Savannah Sullivan	RAROTONGA	14.40	+0.5	5
4	#2428 Esther Mona-Liza David	AITUTAKI	15.18	+0.5	3
--	#10021 Metuamaru Arere 1	AITUTAKI	DNS		

#57 Men's 100 Meters Open Finals

	Athlete	Team	Finals	Wind	Pts
1	#2478 Max Teuruaa		11.57	+0.7	10
2	#2481 Piritau Nga		11.65	+0.7	7
3	#2475 Edward Nga		12.07	+0.7	5 (12.067)
4	#10017 Samuel Ravuaceva	RAROTONGA	12.07	+0.7	3 (12.069)
5	#2443 Thomas Makimare	AITUTAKI	12.43	+0.7	
6	#2485 Tamaiva Mateariki		12.56	+0.7	

#58 Men's 100 Meters 35 - 44 Finals

	Athlete	Team	Finals	Wind	Pts
1	#2438 Pi David	AITUTAKI	14.94	+0.7	10 (68.15%)

#59 Men's 100 Meters 45 - 54 Finals

	Athlete	Team	Finals	Wind	Pts
--	#10025 Mark Harris	NEW ZEALAND MASTERS ATHLET. x	16.76	+0.7	(65.06%)

#61 Men's 100 Meters 65+ Finals

	Athlete	Team	Finals	Wind	Pts
1	#2473 David Lobb		16.97	+0.7	10 (73.91%)

Cook Islands National Champs

📍 BCI Stadium 🗓️ Fri, 17 Oct - Sat, 18 Oct 2025

Results

#62 Women's 200 Meters Open Finals

	Athlete	Team	Finals	Wind	Pts
1	#10021 Metuamaru Arere 1	AITUTAKI	27.23	+0.3	10
2	#10019 Vaihere Mitchell 1	RAROTONGA	28.03	+0.3	7

#63 Men's 200 Meters Open Finals

	Athlete	Team	Finals	Wind	Pts
1	#2478 Max Teuruaa		25.00	-2.6	10
2	#2469 Alex Beddoes	UNATTACHED	25.16	-2.6	7
3	#2481 Piritau Nga	UNATTACHED	26.09	-2.6	5
4	#2475 Edward Nga		26.87	-2.6	3
5	#10037 Michael Pinoy	RAROTONGA	28.34	-2.6	
--	#10038 Jordus Mataio	RAROTONGA	DNS		

#74 Women's 60 Meter 35 - 44 Finals

	Athlete	Team	Finals	Wind	Pts	
1	#1673 Marie William	MAUKE	16.10	+1.6	10	(43.56%)
2	#10042 Kaiti Baiti	RAROTONGA	16.63	+1.6	7	(43.15%)

#75 Women's 60 Meter 45 - 54 Finals

	Athlete	Team	Finals	Wind	Pts	
1	#2448 Rochelle Ellison-Lupena	COOK ISLANDS	14.87	+1.6	10	(49.36%)
--	#2449 Andrea Harris	NEW ZEALAND MASTERS ATHLET. x	10.51	+1.6		(73.57%)
--	#2450 Bronwen Sola	NEW ZEALAND MASTERS ATHLET. x	12.97	+1.6		(58.31%)

#76 Women's 60 Meter 55 - 64 Finals

	Athlete	Team	Finals	Wind	Pts	
1	#10040 Mary Strickland	RAROTONGA	13.29	+1.6	10	(60.34%)
2	#10036 Tuaine Rota	RAROTONGA	14.12	+1.6	7	(55.57%)

#78 Men's 60 Meter 35 - 44 Finals

	Athlete	Team	Finals	Wind	Pts	
1	#2438 Pi David	AITUTAKI	9.68	+1.5	10	(68.41%)
--	#10026 Eria Bubutei	RAROTONGA	DNS			

#79 Men's 60 Meter 45 - 54 Finals

	Athlete	Team	Finals	Wind	Pts	
--	#10025 Mark Harris	NEW ZEALAND MASTERS ATHLET. x	9.64	+1.5		(72.43%)
--	#2456 Shaka Sola	SAMOA MASTERS	x 12.33	+1.5		(54.82%)

#81 Men's 60 Meter 65+ Finals

	Athlete	Team	Finals	Wind	Pts	
1	#2473 David Lobb		10.46	+1.5	10	(75.74%)
2	#10039 Boyd Ellison	RAROTONGA	11.69	+1.5	7	(63.79%)

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#83 Women's 4x100 Relay Open Finals

	Team	Relay	Finals	Pts
1	AITUTAKI	'A'	57.20	10
	1) #10053 Samantha Lockington	2) #2430 Kivana Arere	3) #2428 Esther Mona-Liza David	4) #10021 Metuamaru Arere 1
2	RAROTONGA	'A'	1:04.85	7
	1) #10050 Angel Cabanilla	2) #10051 Rose de la Cruz	3) #10052 Samara Christian	4) #10019 Vaihere Mitchell 1
3	MANIHIKI	'A'	1:05.43	5
	1) #10054 Mikayla Sola	2) #10055 Kariana Karika	3) #10056 Ana Ellison-Lupena	4) #10057 Emma Papalii

#84 Men's 4x100 Relay Open Finals

	Team	Relay	Finals	Pts
1	COOK ISLANDS	'A'	47.62	10
	1) #1584 Edward NGA	2) #1602 Samasoni Hewitt	3) #1597 Max Teuruaa	4) #1598 Piritau Nga
2	RAROTONGA	'A'	52.30	7
	1) #10065 Christian de la Cruz	2) #10037 Michael Pinoy	3) #10066 Ulysses Ayo	4) #10038 Jordus Mataia
3	AITUTAKI	'A'	54.59	5
	1) #2438 Pi David	2) #10062 Kaleb Sola	3) #2446 Willynn Karika	4) #2440 Retire Daniel

#85 Girls' Shot Put Youth Junior 3kg Finals

	Athlete	Team	Finals	Pts
1	#10002 Kimiora Patai	COOK ISLANDS	8.83m	10
	8.22m 8.06m 8.05m 8.83m 7.73m 8.59m			

#86 Girls' Shot Put Youth Intermediate 3kg Finals

	Athlete	Team	Finals	Pts
1	#2451 Antonia Wearing	RAROTONGA	11.83m	10
	11.54m 11.38m 11.83m 9.42m 10.09m 11.67m			
2	#2429 Julian Moana Teinaki	AITUTAKI	9.73m	7
	8.85m 7.83m 8.68m 9.15m 9.73m 9.29m			

#87 Women's Shot Put Youth Senior 3kg Finals

	Athlete	Team	Finals	Pts
1	#2463 Emii Akava		11.82m	10
	10.10m 10.98m 10.29m 10.88m 11.82m 11.30m			
2	#2427 Decem Tekopua	AITUTAKI	10.67m	7
	10.62m 10.30m 10.50m 10.67m 10.38m 10.22m			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#110 Boys' High Jump Youth Junior Finals

	Athlete	Team	Finals	Pts
1	#10003 Teariki Avatiu Williams	COOK ISLANDS	1.60m	10
	1.15m 1.18m 1.21m 1.24m 1.27m 1.30m 1.33m 1.36m 1.39m 1.42m 1.46m			
	O O O O O PPP O O O XXO O			
	1.50m 1.55m 1.57m 1.60m 1.65m			
	O O XO XO XXX			
2	#2483 Sam Ravuaceva	UNATTACHED	1.46m	7
	1.15m 1.18m 1.21m 1.24m 1.27m 1.30m 1.33m 1.36m 1.39m 1.42m 1.46m			
	O O XO O O O O XO XO XXO			
	1.50m			
	XXX			
3	#10015 Claude Simpson	RAROTONGA	1.18m	5
	1.15m 1.18m 1.21m			
	XO XO XXX			
--	#10004 Trevon Kae	COOK ISLANDS	NH	
	1.15m			
	XXX			

#111 Boys' High Jump Youth Intermediate Finals

	Athlete	Team	Finals	Pts
1	#2433 Chaminda Jyly	AITUTAKI	1.43m	10
	1.15m 1.18m 1.21m 1.24m 1.27m 1.30m 1.33m 1.36m 1.39m 1.43m 1.46m			
	O XXO XO XO XXO O XO XO XO O XXX			
2	#10005 Jnr Simpson	COOK ISLANDS	1.39m	7
	1.15m 1.18m 1.21m 1.24m 1.27m 1.30m 1.33m 1.36m 1.39m 1.43m			
	O O O O O O XXO O O XXX			

#112 Men's High Jump Youth Senior Finals

	Athlete	Team	Finals	Pts
1	#10013 Kahana Ellison	RAROTONGA	1.21m	10
	1.15m 1.18m 1.21m 1.24m			
	O O O XXX			

#88 Boys' Shot Put Youth Junior 3kg Finals

	Athlete	Team	Finals	Pts
1	#2436 Kamain George	AITUTAKI	10.30m	10
	10.30m 9.75m Foul 10.25m 9.91m 9.67m			
2	#2439 Pukerua Boaza	AITUTAKI	8.87m	7
	6.41m 8.80m 6.23m 6.00m 8.41m 8.87m			
3	#2480 Mwaio Teiora		8.40m	5
	8.40m 8.24m 7.97m 8.12m 7.84m 8.15m			

#90 Men's Shot Put Youth Senior 5kg Finals

	Athlete	Team	Finals	Pts
1	#2440 Retire Daniel	AITUTAKI	12.23m	10
	11.27m 11.25m 11.54m Foul 11.50m 12.23m			
2	#2444 Tuakana Potini	AITUTAKI	9.11m	7
	8.97m 8.84m 8.34m 8.24m 8.75m 9.11m			

Cook Islands National Champs

📍 BCI Stadium 🗓️ Fri, 17 Oct - Sat, 18 Oct 2025

Results

#108 Girls' High Jump Youth Intermediate Finals

	Athlete	Team	Finals	Pts
1	#2431 Metuamaru Arere	AITUTAKI	1.36m	10
	1.15m 1.18m 1.21m 1.24m 1.27m 1.30m 1.33m 1.36m 1.39m			
	O O O O XO XO XO O XXX			
2	#2462 Ellody Harawira	UNATTACHED	1.33m	7
	1.15m 1.18m 1.21m 1.24m 1.27m 1.30m 1.33m 1.36m			
	O O O XXO XXO XO XXX			
3	#2430 Kivana Arere	AITUTAKI	1.24m	5
	1.15m 1.18m 1.21m 1.24m 1.27m			
	O O O O XXX			
4	#2468 Vaihere Mitchell	UNATTACHED	1.24m	3
	1.15m 1.18m 1.21m 1.24m 1.27m			
	O XO O O XXX			

#91 Girls' Discus Youth Junior 1kg Finals

	Athlete	Team	Finals	Pts
1	#10002 Kimiora Patai	COOK ISLANDS	19.71m	10
	19.71m 14.29m 17.37m 18.39m 14.41m 14.64m			
--	#2453 Te Pori Rongo	RAROTONGA	DNS	

#92 Girls' Discus Youth Intermediate 1kg Finals

	Athlete	Team	Finals	Pts
1	#2432 Roimata George	AITUTAKI	32.67m	10
	Foul Foul 29.39m 32.67m 29.74m 32.56m			
2	#2451 Antonia Wearing	RAROTONGA	30.81m	7
	30.52m 29.44m 30.81m 29.87m 27.85m 28.66m			
3	#2429 Julian Moana Teinaki	AITUTAKI	26.17m	5
	Foul 25.36m 23.29m 26.17m Foul 22.30m			

#93 Women's Discus Youth Senior 1kg Finals

	Athlete	Team	Finals	Pts
1	#2463 Emii Akava		31.57m	10
	31.57m 30.63m 28.49m Foul 30.73m 25.24m			
2	#2427 Decem Tekopua	AITUTAKI	27.12m	7
	25.31m 27.12m 22.36m 20.74m 24.00m 19.92m			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#104 Boys' Long Jump Youth Junior Finals

	Athlete	Team	Finals	Pts
1	#2483 Sam Ravuaceva	UNATTACHED	5.39m	10
	Foul 5.25m 5.25m 5.15m 4.97m 5.39m			
2	#10003 Teariki Avatiu Williams	COOK ISLANDS	5.26m	7
	4.98m 4.80m 5.26m 5.10m Foul Foul			
3	#2435 Clyde Puia Mauri	AITUTAKI	5.19m	5
	Foul 4.99m 5.19m 4.87m 4.93m 5.13m			
4	#2445 Turia Abraham	AITUTAKI	4.68m	3
	4.47m 4.68m Foul 4.47m 4.32m 4.25m			
5	#2477 George Tanu	UNATTACHED	4.63m	
	4.24m 4.63m 4.46m 3.87m Pass Pass			
6	#2486 Waisea Verenadau	UNATTACHED	3.99m	
	3.99m Foul Pass Pass Pass Pass			

#105 Boys' Long Jump Youth Intermediate Finals

	Athlete	Team	Finals	Pts
1	#2433 Chaminda Jyly	AITUTAKI	4.78m	10
	4.14m 4.78m 4.47m 4.28m 4.24m 4.50m			

#106 Men's Long Jump Youth Senior Finals

	Athlete	Team	Finals	Pts
--	#2484 Sisa Virianabai		DNS	

#100 Men's Javelin Youth Senior 700gm Finals

	Athlete	Team	Finals	Pts
1	#1599 Retire Daniel	COOK ISLANDS	33.92m	10
	25.60m 25.23m 33.92m Pass Pass Pass			
2	#2444 Tuakana Potini	AITUTAKI	28.95m	7
	28.95m 28.46m Foul 26.89m 28.87m 25.50m			

#94 Boys' Discus Youth Junior 1kg Finals

	Athlete	Team	Finals	Pts
1	#2436 Kamain George	AITUTAKI	28.32m	10
	24.56m 26.47m 28.14m 25.34m 28.32m Foul			
2	#2480 Mwaio Teiora		20.51m	7
	16.32m 18.74m 15.94m 14.75m 17.52m 20.51m			
3	#2439 Pukerua Boaza	AITUTAKI	17.76m	5
	17.76m 14.86m 17.00m Foul 16.29m 14.77m			

#96 Men's Discus Youth Senior 1.5kg Finals

	Athlete	Team	Finals	Pts
1	#1599 Retire Daniel	COOK ISLANDS	31.10m	10
	24.56m Foul 31.10m Foul 30.55m Foul			
2	#2444 Tuakana Potini	AITUTAKI	24.47m	7
	24.47m 20.67m 21.22m 16.92m Foul Foul			

Cook Islands National Champs
📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#101 Girls' Long Jump Youth Junior **Finals**

	Athlete	Team	Finals	Pts
1	#2461 Abigail Feao	UNATTACHED	3.68m	10
	3.68m Foul 3.37m			
2	#2452 Delila-A-Shine Maaka	RAROTONGA	3.51m	7
	Foul 3.38m 3.51m			

#102 Girls' Long Jump Youth Intermediate **Finals**

	Athlete	Team	Finals	Pts
1	#2431 Metuamaru Arere	AITUTAKI	4.64m	10
	4.46m 4.64m 4.57m			
2	#2468 Vaihere Mitchell		4.27m	7
	4.17m 4.27m Foul			
3	#2430 Kivana Arere	AITUTAKI	4.17m	5
	4.09m 4.10m 4.17m			

#97 Girls' Javelin Youth Intermediate 500gm **Finals**

	Athlete	Team	Finals	Pts
1	#2432 Roimata George	AITUTAKI	26.36m	10
	24.02m 26.36m 24.93m Foul 24.18m 23.36m			
2	#2429 Julian Moana Teinaki	AITUTAKI	24.85m	7
	18.49m 24.67m Foul 24.85m 24.48m 22.83m			

#98 Women's Javelin Youth Senior 500gm **Finals**

	Athlete	Team	Finals	Pts
1	#2427 Decem Tekopua	AITUTAKI	29.57m	10
	27.10m 27.89m 25.15m 23.70m 29.57m 28.37m			

#167 Girls' Hammer Youth Junior **Finals**

	Athlete	Team	Finals	Pts
1	#10002 Kimiora Patai	COOK ISLANDS	22.31m	10
	21.70m 20.03m 22.26m 20.29m 19.43m 22.31m			

#166 Girls' Hammer Youth Intermediate **Finals**

	Athlete	Team	Finals	Pts
1	#2432 Roimata George	AITUTAKI	31.26m	10
	28.81m 31.26m 31.25m 31.17m Foul 30.33m			
2	#2451 Antonia Wearing	RAROTONGA	29.31m	7
	Foul 25.89m 26.21m 26.64m 29.31m 28.33m			
3	#2429 Julian Moana Teinaki	AITUTAKI	21.95m	5
	21.81m Foul Foul 21.60m 21.95m 20.58m			

#169 Women's Hammer Youth Senior **Finals**

	Athlete	Team	Finals	Pts
1	#2427 Decem Tekopua	AITUTAKI	25.69m	10
	24.63m 23.88m Foul 24.02m 24.23m 25.69m			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#171 Boys' Hammer Youth Junior Finals

	Athlete	Team	Finals	Pts
1	#2436 Kamain George	AITUTAKI	22.49m	10
	Foul Foul 22.49m 20.56m 21.15m Foul			
2	#2480 Mwaio Teiora	UNATTACHED	19.50m	7
	19.50m 19.08m 16.25m 18.22m Foul 18.93m			

#170 Men's Hammer Youth Senior Finals

	Athlete	Team	Finals	Pts
1	#2440 Retire Daniel	AITUTAKI	28.85m	10
	25.33m 27.59m 28.21m 26.89m 28.85m 23.51m			
2	#2444 Tuakana Potini	AITUTAKI	23.40m	7
	23.40m 21.56m 19.52m 19.72m Foul 21.38m			

#113 Women's Hammer Open 4kg Finals

	Athlete	Team	Finals	Pts
1	#10030 Roimata George 1	AITUTAKI	27.74m	10
	27.74m 26.80m 27.30m 26.11m			
2	#2467 Samantha Lockington	UNATTACHED	24.98m	7
	23.41m 22.91m 23.87m 24.98m			
3	#1565 Emma Papali'i	COOK ISLANDS	23.98m	5
	ND 23.98m 23.52m 23.45m			
4	#10035 Decem Tekopua 1	AITUTAKI	23.41m	3
	22.17m 23.41m 19.82m			
5	#10027 Kariana Karika	AITUTAKI	19.08m	
	19.08m ND 17.72m			
--	#2457 Mikayla Sola	SAMOA	x 41.35m	
	39.58m 41.35m 40.47m 37.82m			

#115 Women's Hammer 45 - 54 3kg Finals

	Athlete	Team	Finals	Pts
1	#2448 Rochelle Ellison-Lupena	COOK ISLANDS	24.98m	10
	24.98m 23.99m ND			
--	#2450 Bronwen Sola	NEW ZEALAND MASTERS ATHLETIC	x 25.56m	
	25.15m 25.56m 25.35m			

Cook Islands National Champs

📍 BCI Stadium 🗓️ Fri, 17 Oct - Sat, 18 Oct 2025

Results

#118 Men's Hammer Open 7.26kg Finals

	Athlete	Team	Finals	Pts
1	#2455 Tua Herman	RAROTONGA	28.78m	10
	27.72m 28.61m 28.78m 26.16m			
2	#10028 Richard Davey	AITUTAKI	27.19m	7
	24.62m ND ND 27.19m			
3	#2446 Willynn Karika	AITUTAKI	25.02m	5
	ND 25.02m 24.78m ND			
4	#10031 Ryan Nicholson	RAROTONGA	23.95m	3
	ND ND 23.95m			
5	#2476 Elijah Poila	UNATTACHED	23.27m	
	ND 23.27m 21.49m			
6	#2478 Max Teuruaa	UNATTACHED	22.92m	
	ND 20.27m 22.92m			
--	#2458 Kaleb Sola	SAMOA	x 45.84m	
	ND ND 41.34m 45.84m			

#119 Men's Hammer 35 - 44 7.26kg Finals

	Athlete	Team	Finals	Pts
1	#10026 Eria Bubutei	RAROTONGA	17.29m	10
	9.84m 17.29m 13.62m 14.83m			

#120 Men's Hammer 45 - 54 6kg Finals

	Athlete	Team	Finals	Pts
--	#2456 Shaka Sola	SAMOA MASTERS	x 29.57m	
	27.51m ND ND 29.57m			

#121 Men's Hammer 55 - 64 5kg Finals

	Athlete	Team	Finals	Pts
1	#2371 Kevin Iro	RAROTONGA	26.03m	10
	25.58m 24.79m 26.03m 25.95m			

#123 Women's Javelin Open 600gm Finals

	Athlete	Team	Finals	Pts
1	#2467 Samantha Lockington	UNATTACHED	31.90m	10
	31.90m 31.02m 28.78m Foul			
2	#2428 Esther Mona-Liza David	AITUTAKI	31.73m	7
	31.70m 30.17m 29.06m 31.73m			
3	#10027 Kariana Karika	AITUTAKI	28.54m	5
	28.10m 27.09m 28.54m 26.96m			
4	#10030 Roimata George 1	AITUTAKI	28.25m	3
	23.09m 28.25m Foul			
5	#10035 Decem Tekopua 1	AITUTAKI	28.19m	
	28.19m 25.93m 27.81m			
--	#2457 Mikayla Sola	SAMOA	x 22.16m	
	Foul 22.16m Foul			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#125 Women's Javelin 45 - 54 500gm Finals

	Athlete	Team	Finals	Pts
1	#2448 Rochelle Ellison-Lupena	COOK ISLANDS	12.79m	10
	12.79m 11.70m Foul			
--	#2449 Andrea Harris	NEW ZEALAND MASTERS ATHLETIC	x 13.87m	
	13.87m 11.90m 13.14m			

#126 Women's Javelin 55 - 64 500gm Finals

	Athlete	Team	Finals	Pts
1	#10036 Tuaine Rota	RAROTONGA	11.90m	10
	10.12m 11.88m 11.90m			

#138 Men's Shot Put Open 7.26kg Finals

	Athlete	Team	Finals	Pts
1	#2476 Elijah Poila		13.76m	10
	13.76m 13.26m Foul Foul			
2	#10028 Richard Davey	AITUTAKI	11.96m	7
	11.14m 11.46m 11.72m 11.96m			
3	#2455 Tua Herman	RAROTONGA	11.12m	5
	11.12m 11.02m 10.75m 11.07m			
4	#2478 Max Teuruaa		11.01m	3
	Foul 11.01m 10.10m			
5	#1599 Retire Daniel	COOK ISLANDS	9.91m	
	9.24m 9.91m 9.73m			
6	#2446 Willynn Karika	AITUTAKI	9.35m	
	8.77m 9.35m 9.13m			
7	#10031 Ryan Nicholson	RAROTONGA	9.06m	
	9.06m 8.75m Foul			
--	#2458 Kaleb Sola	SAMOA	x 11.55m	
	11.37m 10.90m 11.55m 11.33m			

#139 Men's Shot Put 35 - 44 7.26kg Finals

	Athlete	Team	Finals	Pts
1	#10026 Eria Bubutei	RAROTONGA	7.84m	10
	7.59m 7.11m 7.84m 6.32m			

#140 Men's Shot Put 45 - 54 6kg Finals

	Athlete	Team	Finals	Pts
--	#2456 Shaka Sola	SAMOA MASTERS	x 12.04m	
	11.54m 11.98m 11.46m 12.04m			

#141 Men's Shot Put 55 - 64 5kg Finals

	Athlete	Team	Finals	Pts
1	#2371 Kevin Iro	RAROTONGA	10.18m	10
	10.18m Foul 9.66m 10.14m			
2	#2471 Casper Mateariki		5.99m	7
	5.14m 4.80m 5.91m 5.99m			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#128 Men's Javelin Open 800gm Finals

	Athlete	Team	Finals	Pts
1	#2478 Max Teuruaa		48.02m	10
	46.72m Foul 48.02m 44.06m			
2	#2446 Willynn Karika	AITUTAKI	47.85m	7
	45.51m 47.32m 47.85m 46.01m			
3	#2476 Elijah Poila		47.69m	5
	42.85m 46.75m Foul 47.69m			
4	#10028 Richard Davey	AITUTAKI	35.98m	3
	Foul 35.98m Pass			
5	#2475 Edward Nga		34.69m	
	33.49m 34.69m Foul			
6	#2472 Christian Dela Cruz	UNATTACHED	34.58m	
	30.50m 27.40m 34.58m			
7	#2455 Tua Herman	RAROTONGA	33.02m	
	33.02m Pass Pass			
8	#2440 Retire Daniel	AITUTAKI	23.74m	
	23.74m Foul Foul			
--	#2458 Kaleb Sola	SAMOA	x 51.50m	
	46.63m 48.92m 48.38m 51.50m			

#129 Men's Javelin 35 - 44 800gm Finals

	Athlete	Team	Finals	Pts
1	#10043 Rui David	RAROTONGA	36.94m	10
	35.42m 35.82m 36.94m			
2	#2438 Pi David	AITUTAKI	28.81m	7
	24.72m 28.81m 22.53m			

#175 Girls' Shot Put Open Junior 1 3kg Finals

	Athlete	Team	Finals	Pts
1	#2432 Roimata George	AITUTAKI	10.18m	10
	9.75m Foul 9.80m 10.18m			
2	#2453 Te Pori Rongo	RAROTONGA	9.26m	7
	8.41m 9.26m 9.04m 8.90m			

#133 Women's Shot Put Open 4kg Finals

	Athlete	Team	Finals	Pts
1	#2464 Emma Papalii	UNATTACHED	11.49m	10
	10.67m 10.97m 11.02m 11.49m			
2	#2447 Ana Ellison-Lupena	COOK ISLANDS	10.05m	7
	9.68m 10.05m 9.97m			
3	#2467 Samantha Lockington	UNATTACHED	9.80m	5
	8.89m 9.59m 9.80m 9.09m			
4	#10027 Kariana Karika	AITUTAKI	7.88m	3
	6.64m 7.88m 7.13m 7.30m			
--	#2457 Mikayla Sola	SAMOA	x 10.60m	
	10.19m 10.14m 10.42m 10.60m			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#135 Women's Shot Put 45 - 54 3kg Finals

	Athlete	Team	Finals	Pts
1	#2448 Rochelle Ellison-Lupena	COOK ISLANDS	6.74m	10
	6.74m 6.51m 5.98m			

#136 Women's Shot Put 55 - 64 3kg Finals

	Athlete	Team	Finals	Pts
1	#10036 Tuaine Rota	RAROTONGA	7.09m	10
	6.63m 6.18m 6.55m 7.09m			

#174 Girls' Discus Open Junior 1 1kg Finals

	Athlete	Team	Finals	Pts
1	#10030 Roimata George 1	AITUTAKI	32.91m	10
	32.91m 29.82m 20.39m			
2	#10032 Te Pori Rongo 1	RAROTONGA	22.55m	7
	ND 22.55m 18.53m			

#145 Women's Discus Open 1kg Finals

	Athlete	Team	Finals	Pts
1	#2447 Ana Ellison-Lupena	COOK ISLANDS	36.00m	10
	36.00m Foul Foul			
2	#2464 Emma Papalii	UNATTACHED	32.10m	7
	28.00m 32.10m 31.73m			
3	#2467 Samantha Lockington	UNATTACHED	25.36m	5
	20.51m 25.36m 25.14m			
4	#10027 Kariana Karika	AITUTAKI	18.63m	3
	17.72m 17.45m 18.63m			
--	#2457 Mikayla Sola	SAMOA	x 37.98m	
	37.98m 35.62m 33.85m			

#147 Women's Discus 45 - 54 1kg Finals

	Athlete	Team	Finals	Pts
1	#1617 Iva Parima	MANGAIA	21.57m	10
	21.57m 20.44m 20.49m			
2	#2448 Rochelle Ellison-Lupena	COOK ISLANDS	17.83m	7
	13.58m ND 17.83m			
--	#2450 Bronwen Sola	NEW ZEALAND MASTERS ATHLETIC	x 17.50m	
	14.95m ND 17.50m			
--	#2465 Julieanne Westrupp		DNS	

#148 Women's Discus 55 - 64 1kg Finals

	Athlete	Team	Finals	Pts
1	#10036 Tuaine Rota	RAROTONGA	13.54m	10
	12.84m 12.21m 13.54m			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#160 Men's Long Jump Open Finals

	Athlete	Team	Finals	Wind	Pts
1	#2478 Max Teuruaa		6.29m	-2.2	10
	5.69m (-0.3) 5.84m (+0.4) Foul (-2.0) 6.29m (-2.2)				
2	#2481 Piritau Nga		6.23m	+0.8	7
	6.06m (-1.0) 6.06m (+0.2) 6.04m (-1.0) 6.23m (+0.8)				
3	#2475 Edward Nga		5.97m	-0.3	5
	5.74m (-0.6) 5.97m (-0.3) 5.95m (-1.4) 5.87m (+1.2)				
4	#2472 Christian Dela Cruz	UNATTACHED	5.03m		3
	4.59m 4.54m 5.03m 4.43m				
5	#2476 Elijah Poila	UNATTACHED	4.56m		
	4.56m 4.41m Foul				
6	#10038 Jordus Mataio	RAROTONGA	4.50m		
	4.16m 4.50m Foul				
7	#2446 Willynn Karika	AITUTAKI	4.45m		
	4.45m 4.37m 4.26m				
8	#10028 Richard Davey	AITUTAKI	3.70m		
	3.58m 3.70m Foul				
9	#2455 Tua Herman	RAROTONGA	3.58m		
	2.86m 3.58m				
--	#2458 Kaleb Sola	SAMOA	x 4.88m		
	4.60m Foul 4.88m				

#161 Men's Long Jump 35 - 44 Finals

	Athlete	Team	Finals	Pts
1	#10043 Rui David	RAROTONGA	3.91m	10
	3.91m Foul Pass			
2	#2438 Pi David	AITUTAKI	3.60m	7
	3.60m Foul 3.44m			

#164 Men's Long Jump 65+ Finals

	Athlete	Team	Finals	Pts
1	#2473 David Lobb		2.90m	10
	Foul 2.90m 2.87m (-0.8)			

Cook Islands National Champs

📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results

#144 Men's High Jump Open Finals

	Athlete	Team	Finals	Pts							
1	#2441 Samasoni Hewitt	AITUTAKI	1.90m	10							
	1.50m O	1.53m O	1.56m PPP	1.60m PPP	1.65m PPP	1.70m PPP	1.75m O	1.80m O	1.85m O	1.90m XO	2.00m XXX
2	#2475 Edward Nga		1.80m	7							
	1.60m O	1.65m O	1.70m O	1.75m XO	1.80m O	1.85m XXX					
3	#2478 Max Teuruaa		1.80m	5							
	1.50m O	1.53m O	1.56m PPP	1.60m XXO	1.65m XO	1.70m O	1.75m XO	1.80m O	1.85m XXX		
4	#2481 Piritau Nga		1.75m	3							
	1.53m O	1.56m PPP	1.60m O	1.65m O	1.70m O	1.75m O	1.80m XXX				
--	#2458 Kaleb Sola	SAMOA	x 1.53m								
	1.50m O	1.53m XO	1.56m XXX								

#150 Men's Discus Open 2kg Finals

	Athlete	Team	Finals	Pts
1	#2476 Elijah Poila		44.67m	10
	43.44m	44.67m	39.96m	
2	#2455 Tua Herman	RAROTONGA	38.52m	7
	Foul	Foul	38.52m	
3	#2478 Max Teuruaa		33.47m	5
	28.23m	33.47m	32.48m	
4	#2487 Willynn Karika		33.36m	3
	33.36m	30.98m	32.19m	
5	#2441 Samasoni Hewitt	AITUTAKI	29.96m	
	29.96m	27.57m	25.28m	
6	#2440 Retire Daniel	AITUTAKI	28.47m	
	28.47m	Foul	Foul	
7	#2481 Piritau Nga	UNATTACHED	25.43m	
	25.43m	24.71m	Pass	
--	#2458 Kaleb Sola	SAMOA	x 37.56m	
	35.48m	32.59m	37.56m	
--	#2475 Edward Nga	UNATTACHED	ND	
	Foul	Pass	Pass	

#152 Men's Discus 45 - 54 1.5kg Finals

	Athlete	Team	Finals	Pts
--	#2456 Shaka Sola	SAMOA MASTERS	x 31.03m	
	Foul	29.96m	Foul	31.03m

#153 Men's Discus 55 - 64 1kg Finals

	Athlete	Team	Finals	Pts
1	#2371 Kevin Iro	RAROTONGA	41.75m	10
	39.93m	40.43m	41.75m	Foul
2	#2471 Casper Mateariki		18.66m	7
	Foul	15.72m	Foul	18.66m

Cook Islands National Champs
📍 BCI Stadium 📅 Fri, 17 Oct - Sat, 18 Oct 2025

Results